

Horse-Assisted Yoga For Subtle Integration

Introduction

Saturday, March 15
1 - 3 p.m.

Meet the horses and
sample the work



Mini-Retreat

Sunday, May 17
9 a.m. - 4 p.m.

Treat yourself
to a day of discovery

River Valley Ranch 9801 E. Millmar Road

Join a group of dedicated healers, bodyworkers and energy workers to explore the balance of mind, body and spirit in our lives and our work.

With the horse as a non-verbal participant and non-judgemental mirror, explore the nuances of intention, intuition and clarity that can help deepen your healing practice, improve your connection with clients and renew your energy and enthusiasm for your work.

Check-in will be 15 minutes before scheduled start time, and program will start promptly. Water provided.
No previous horse experience or yoga experience is necessary.

Please wear closed-toed shoes and clothing that allows you to move comfortably

Presented by:

Stacey Kollman
Desert Horse Equestrian Services
www.deserthorseinc.com (520) 762-9124



Jenny Kendall
Desert Horse Yoga
www.deserthorseyoga.com (520) 271-6701

Please detach here and mail this form with your payment.

Horse-Assisted Yoga For Subtle Integration Registration

Intro registration fee \$35 per person paid by 3/7/09. Pre-registration is required.

Retreat registration fee \$120 per person paid by 4/25/09 or \$135 paid by 5/3/09. Pre-registration is required.

Name _____

Phone Number _____

Address _____

Email Address _____

Intro Retreat Both Sessions

Mail payment to Stacey Kollman, Desert Horse Equestrian Services, 141 W. George Truit St., Vail, AZ 85641