



Desert Horse Equestrian Services  
Beat-the-Heat-Indoor Learning Series

# The Horseless Riding Lesson

Sunday, June 27 10 a.m.-1 p.m.  
10805 E. Pantano Trail

Every rider knows that a horse's ability to balance and move properly is affected by the rider's ability to do both of those things. But many of us don't know just how much the asymmetries and stuck spots in our bodies really challenge our



horses' responsiveness and even their willingness to work with us. Wouldn't you like to refine your ability to feel the subtle hints your horse gives and practice a variety of mindful responses with a "horse" who can give you clear and immediate verbal feedback?

That's what the Horseless Riding Lesson is all about - giving riders of all ability levels the chance to experience postural and balance changes from the point of view of the horse. And to receive verbal constructive feedback, because the "horse" in this exercise is a person.

Join us for this fun and enlightening interactive experience! Laugh and learn!

Check-in will be at 9:45 a.m. and the program will be from 10 a.m.-1 p.m. Snacks and water provided. Please wear clothes that are comfortable to move around in and closed-toed shoes. All activities will be indoors.

For more information, contact Stacey Kollman at 520-762-9124 or go online to [www.deserthorseinc.com](http://www.deserthorseinc.com)

*Directions: From Houghton Road turn east on Pantano Trail (across from Secrist Middle School) and follow the dirt road until you reach the paved portion. Turn left into the driveway of the second house off the paved road. Follow the right fork of the driveway to parking.*

Please detach here and mail this form with your payment.

## Horseless Riding Lesson Registration Form

Space is limited to 10 participants to ensure a personalized, intensive learning experience.

Registration fee \$65 per person. Pre-registration/payment is required by 6/21/10.

Registration fees refundable in full if the clinic is cancelled; minus an office charge in certain emergency situations with prior approval

Name \_\_\_\_\_

Phone Number \_\_\_\_\_

Address \_\_\_\_\_

Email Address \_\_\_\_\_

Check Enclosed (payable to Stacey Kollman)

Mail payment to Stacey Kollman, Desert Horse Equestrian Services, 141 W. George Truit St., Vail, AZ 85641