



Desert Horse Equestrian Services Presents

# Introductory Massage and Bodywork for Horse Owners



**Sunday, November 16**  
**Willow Woods**

**1-5 p.m.**  
**3312 N. Riverbend Circle E.**

## **Eliminate those small aches before they become a big pain!**

Learn simple techniques you can use at home in a practical program to help maintain soundness, maximize performance and develop a stronger connection with your horse.

You'll learn how to feel for areas that need attention and how to use basic massage strokes to provide relief. You'll have the opportunity to do some focused work on your own horse, as well as get a feel for other horses with different soundness issues and body types.

Every participant will leave with a simple 5- to 10-minute massage routine for his or her own horse. Choose a relaxing post-exercise cool down or an invigorating pre-exercise warm-up.

Check-in will be at 12:45 p.m. and the program will be from 1-5 p.m. Water provided.  
Your well-mannered horse who ties quietly is welcome. All horses will be handled by the entire group.  
For more information, contact Stacey Kollman at 520-762-9124 or go online to [www.deserthorseinc.com](http://www.deserthorseinc.com)  
Mail payment to 141 W. George Truit St., Vail, AZ 85641

Please detach here and mail this form with your payment.

## **Massage and Bodywork for Horse Owners Registration Form**

Space is limited to 10 participants to ensure a personalized, intensive learning experience.  
Registration fee \$85 per person. Pre-registration/payment is required by 11/7/08.

Name \_\_\_\_\_

Phone Number \_\_\_\_\_

Address \_\_\_\_\_

Email Address \_\_\_\_\_

Check Enclosed (payable to Stacey Kollman)