

How do our daily interactions with our horses contribute to the animals' health and well-being and support conditioning and training goals?

Would you and your friends or clients like to learn simple techniques that can add benefits to grooming and prep time? What about a series of groundwork techniques that can add a new awareness of your horse's posture and movement habits and encourage flexibility, strength and self-carriage.






Recruit four to ten friends or clients and host a session or series to find out more. Information can be presented in one or more half-day workshops or as a longer clinic.

Hosting a session requires an arena or barn setup with safe places to tie three to five horses.

All sessions require horses with good ground manners (usually one horse to two people.)


Call or email to reserve your date!

Learn simple techniques to use at home in a practical program to help maintain soundness, maximize performance and develop a stronger relationship with your horse.

-  **Introductory Massage for Horse Owners** - Introduces participants to equine anatomy and the basic massage strokes, pre- and post-event massages and early-warning signs of stress.
-  **Intermediate Massage/Acupressure** - Includes use of essential oils in equine massage and introduces acupressure techniques for relaxation and more. (Requires prior attendance at an introductory massage session)
-  **Therapeutic Movement for Horses** - Helps owners use hands-on massage and other groundwork techniques with the horse in motion to increase awareness of posture and gait quality.
-  **Therapeutic Exercises for Stallbound Horses** - Especially for horse owners facing the challenge of keeping a horse engaged and flexible during extended recovery from an injury or illness. Private sessions available.
-  **Rider Rebalancing** - Learn a series of non-mounted and mounted exercises that help you gauge and refine your balance and stability in the saddle. Could an asymmetry in your body account for your horse having problems bending one direction, picking up a lead or otherwise working to his potential with ease?


Other topics available on request. Call or email to customize your workshop


Stacey Kollman, ESMT


 Certified in equine sports
massage therapy
Equitouch Systems Inc.
September 2000

 Certificate of Acupuncture
Aims Community College
August 2003

 Usui Reiki Master Practitioner
certification
ECHO Healing Center
April 2002

 Advanced riding instructor
training in Connected Riding and
Connected Groundwork with Peggy
Cummings
1994-2002

 35+ years as rider, showing
competitor (Western and English
disciplines) and professional trainer/
instructor

 More than a decade of experience
in equine rehab, working with horses
from a variety of disciplines, including
hunters and jumpers, dressage and
eventing competitors, barrel and rope
horses, and pleasure mounts.

Host a Hands-on Horsemanship Workshop or Clinic

Half-day workshops — \$85/person
Two-day clinics — \$250/person
Workshop series

Space is generally limited to 10
participants to ensure a personalized,
intensive learning experience.
Minimum four participants.

The hands-on format is not appropriate
for auditors.

Pre-registration/payment is required
before each session.

Now reserving dates for 2008



Stacey Kollman

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Desert Horse Equestrian Services

Hands-on Horsemanship Workshops and Clinics

Learn simple massage
and bodywork techniques
to benefit any horse

2008 Workshops